



# Parents of LGBTQ Youth & Young Adults Group

Do you have a child of any age who is lesbian, gay, bisexual, transgender, or questioning? Does your child tell you that their gender presentation is "non-binary?" Are you wondering how to best support, and perhaps advocate for, your child? We are here to offer a safe space for families to find the support, education, and resources they need and deserve.

**Parents of LGBTQ children and young adults who are seeking to provide and receive support from others are invited to join us for a time of education, sharing, and empowerment. Group size is limited, and pre-registration is required. Group fees are \$25 per session, discounts are available.**

For more information, please contact Heather Kramer Almquist, MA, LPC at [heather@sanctuarycounseling.com](mailto:heather@sanctuarycounseling.com) or by phone at 610-385-3155.



**Group Meets Monthly  
Saturdays 12:45 - 2:00 PM**  
**SANCTUARY COUNSELING, LLC**  
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