



Women's Support Group

As women, we recognize that through supporting one another, we gain both strength and support for ourselves. Join us in a safe and judgment-free environment where you can re-discover your own voice as you give and receive support for the many issues that we struggle with as women: self-esteem, identity, relationships, work/life balance, family, health, and so much more.

Compassionate women who are seeking to provide and receive support from other like-minded women are invited to join us for a time of healing, sharing, and empowerment.



For more information or to schedule a free consult, please call or email at info@sanctuarycounseling.com. Group size is limited and pre-registration is required. **You are welcome here.**



Accepting New Members

Contact Us for More Information

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610-385-3155

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610-850-8009